

CHRISTOW SHOW CROSS COUNTRY 5K RACE

SATURDAY 20TH AUGUST 2022

by kind permission of Mr and Mrs Partridge

Entry No.

OVER 16's ENTRY FORM

Entries taken on the day from 9am. Race starts at 10am.

The Race

The start/finish area is within the show ground. The terrain will be rough in places and may be wet but as there is some tarmac it is not suitable for spikes. All entrants will be briefed on the course prior to the start of the race. Stewards will be positioned around the course.

There will be rosettes for the 1st, 2nd & 3rd placed runners in each of the following categories: men, ladies & 12-16 year olds. Unfortunately, we are unable to give timed results.

There is a race entry fee of £3 per person which is payable on the show field. Entry to the show ground is not included. All entrants must also pay the show entry fee of £5. Please note that a family ticket is available for £12 (covers up to 2 adults and 3 children).

Runner's Details

Please enter the undersigned for the Christow Cross Country Race. By entering this race the undersigned confirms that they are medically fit to run. They accept the hazards inherent in cross country running and acknowledge that they are entering and running this race at their own risk. They also accept that the organisers will not be held responsible for any injury, illness, or loss to or caused by the runner. The undersigned agrees to race responsibly.

Runners Name.....

Address.....

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Contact Tel No.....

Emergency Contact (name and number).....

Full show details are on our website www.christowshow.org

Please bring your completed form with you on the 20th August.